

## 1.25. Infection Control Policy

At **Aplomb Day Nursery** we promote the good health of all children attending (including oral health) through maintaining high hygiene standards to help reduce the chances of infection being spread. We follow the health protection in schools and other childcare facilities guidance which sets out when and how long children need to be excluded from settings, when treatment and/or medication is required and where to get further advice from.

Viruses and infections can be easily passed from person to person by breathing in air containing the virus, which is produced when an infected person talks, coughs or sneezes. It can also spread through hand and face contact after touching a person or surface contaminated with viruses.

We follow the guidance below to prevent a virus or infection from spreading around the nursery.

Our staff:

- Encourage all children to use tissues when coughing and sneezing to catch germs
- Ensure all tissues are disposed of in a hygienic way and all children and staff wash their hands once the tissue is disposed of
- Develop children's understanding of the above and the need for good hygiene procedures in helping them to stay healthy

Wear the appropriate Personal Protective Equipment (PPE) when changing nappies, toileting children and dealing with any other bodily fluids. Staff are requested to dispose of these in the appropriate manner and wash hands immediately.

### **Bodily fluids clean up procedure:**

1. Make area safe: remove all unaffected children from the area/re-group with a staff member and block it off.
2. Inform deputy
3. Ask chef to prepare a hot water mop
4. Children who are dirty must be cleaned and taken to regroup with the others (unless they are ill, they will need to be separated whilst awaiting collection)
5. Make sure children are safe from mop route (hot water)
6. Operation clean-up - get bodily fluids clean up bag
7. Wear gloves and apron
8. Collect all loose toys in the vicinity and clean with Dettol spray or put in Milton solution
9. Push all furniture away from affected area
10. Soak up vomit or urine with tissues and put into nappy sacks
11. Remove faeces with tissues or wet wipes and put into nappy sacks
12. Spray affected area with disinfectant and wipe with wet wipes
13. Put all rubbish in black bag
14. Pour Dettol directly onto affected areas including carpets (pillow cases go straight to the laundry)
15. Use hot mop to completely clean the area
16. Scrub carpets with hot water flannel
17. Once area has dried children may return
18. Restock bodily fluids bag for next use
19. Complete as necessary: accident report, incident report or update daily diary.

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- Clean and sterilise all potties and changing mats before and after each use
- Clean toilets at least daily and check them throughout the day
- Remind children to wash their hands before eating, after visiting the toilet, playing outside or being in contact with any animal and explain the reasons for this
- Clean all toys, equipment and resources on a regular basis by following a comprehensive cleaning rota and using antibacterial cleanser, or through washing in the washing machine

- Wash or clean all equipment used by babies and toddlers as and when needed, including when the children have placed it in their mouth
- Store dummies in individual hygienic dummy boxes labelled with the child's name to prevent cross-contamination with other children
- Store toothbrushes (where applicable) hygienically to prevent cross-contamination
- Keep baby water beakers out of reach to prevent cross-contamination and instead, water will be offered at regular intervals (5 times a day), breakfast, morning snack, lunch, afternoon snack, afternoon tea time.
- Immediately clean and sterilise (where necessary) any dummy or bottle that falls on the floor or is picked up by another child
- Provide labelled individual bedding for children that is not used by any other child and wash this at least once a week
- Ask parents and visitors to remove all outdoor footwear, or use shoe covers, when entering rooms where children may be crawling or sitting on the floor
- Where applicable wear specific indoor shoes or slippers whilst inside the rooms and make sure that children wear them as well
- All children to remove footwear before entering the nursery rooms
- All children and staff to wash hands in the sink in the conservatory before entering the nursery on arrival. Babies hands will be washed in the sink in room 1 with soapy water upon arrival
- Follow the **sickness and illness policy** when children are ill to prevent the spread of any infection in the nursery. Staff are also requested to stay at home if they are ill and/or are contagious.

In addition:

- The nursery manager retains the right of refusal of all children, parents, carers, staff and visitors who are deemed contagious and may impact on the welfare of the rest of the nursery
- Parents will be made aware of the need for these procedures in order for them to follow these guidelines whilst in the nursery

- Periodically each room in the nursery will be deep cleaned including carpets and soft furnishings to ensure the spread of infection is limited. This will be implemented earlier if the need arises.

In the event of an infection outbreak the nursery will, where appropriate, undertake a deep clean to ensure the spread of infection is contained.

We will follow Government health guidance, as well as seeking legal advice and information from our insurers, on any national outbreak of a virus and/or pandemic and keep parents informed of any course of action. Each specific circumstance will differ and to ensure we take the most appropriate action; we will treat each case on an individual basis

- In addition, where contagious outbreaks occur, we will adopt Government guidance for all visitors to minimise the risk of further spreading of the infection
- The nursery will ensure stocks of tissues, hand washing equipment, cleaning materials and sterilising fluid are maintained at all times. These will be increased during the winter months, or when flu and cold germs are circulating.

### **Vaccines and Teething**

Parents and carers should monitor side effects from a vaccination or teething, and if they are concerned about their child's health they should seek advice from their GP or NHS 111.

### **Teething**

Whilst teething can cause some known side effects such as flushed cheeks and sore gums, NHS guidelines state that fever is not a symptom of teething.